

Fighting loneliness among elderly

How to alleviate?

BACKGROUND

Loneliness is widely prevalent among elderly and a growing problem for society and professionals. Loneliness is a complex problem due to the heterogeneity. Various interventions have been developed to address loneliness. It is though hard for professionals to select suitable interventions and to implement them.

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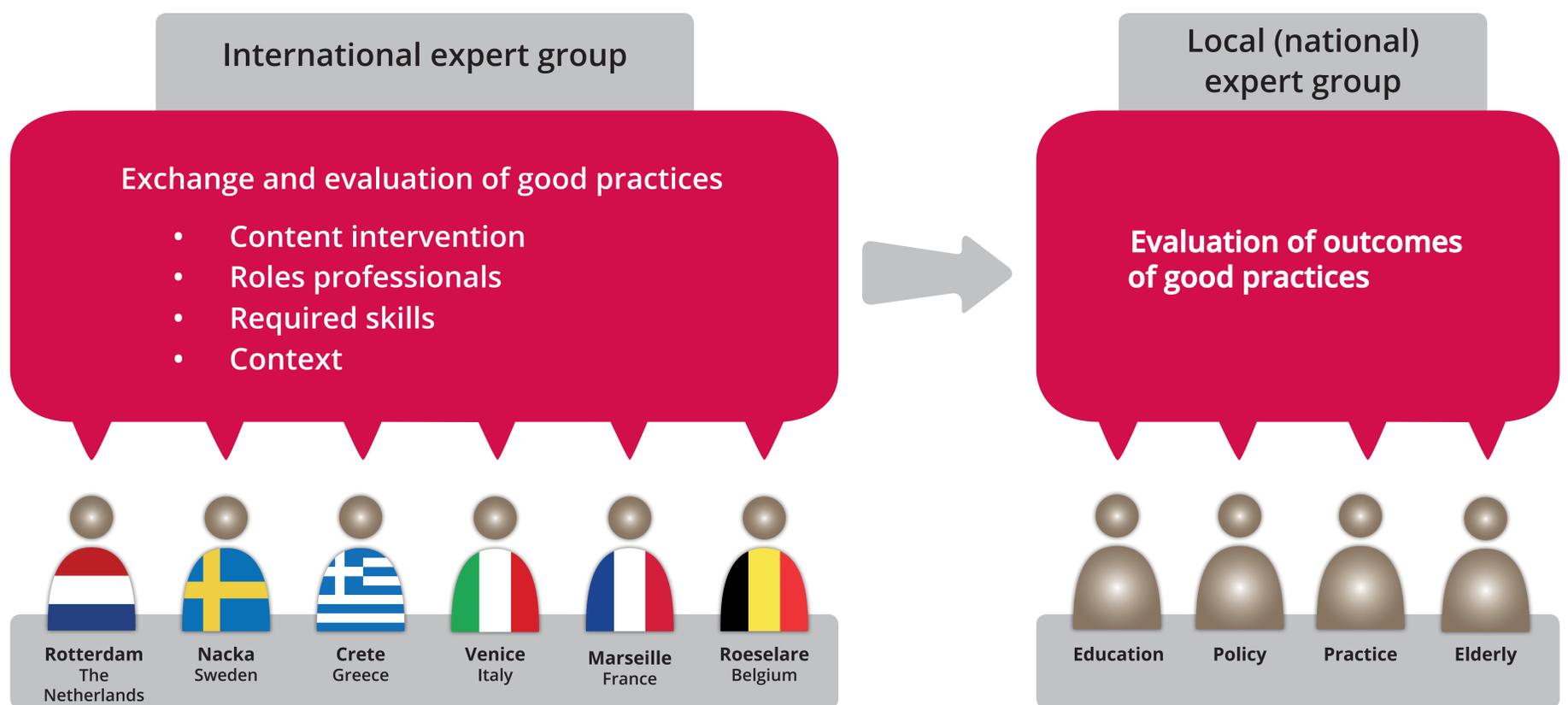
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OBJECTIVE

To exchange good practices in alleviating loneliness and to evaluate them regarding content of intervention, required role of professional to implement, and necessary skills to carry it out.

METHOD

Sitevisits by international expert group in six countries. Evaluation of local good practices. Discussion and exchange of evaluation outcomes in local (national) and international expert groups.



RESULTS

The results of the project will be:

- ▶ Overview of interventions and description of roles and skills of relevant professionals to implement and carry out the interventions in a consistent way.
- ▶ Knowledge on conditions that influence the implementation processes.
- ▶ Input and ideas for (international) education programs.

CONTACT

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